

NEWS LINE

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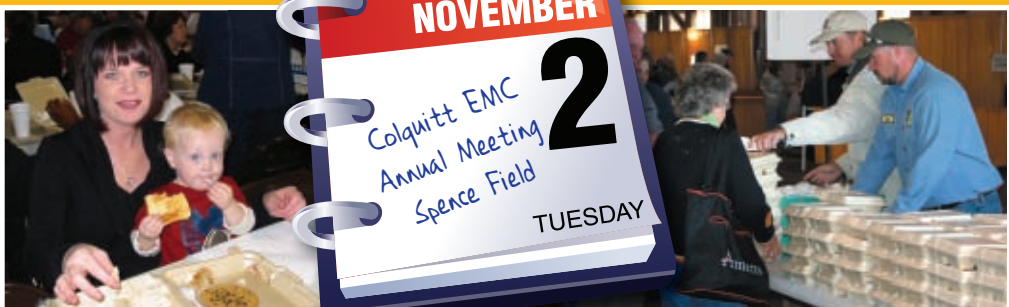
ATTENTION

Please Note Annual Meeting Changes

Plans are underway for the **74th Annual Meeting of Members** to be held on **Tuesday, November 2** at Spence Field. A record crowd was in attendance last year; we encourage you to make plans to attend in 2010.

Due to the size and growth of our Annual Meeting, we are encouraging members to register for only themselves, and not for other members. We are also encouraging all members to enjoy their meals on site. We are limiting the total number of lunches to four meals per membership. If any member receives more than four meals, this member will be required to provide the name of the individual who will receive these extra meals. These measures are being implemented as a courtesy to all members who attend our Annual Meeting and to insure that we are able to serve them.

Mark your calendar and look for more registration details to follow.



The Nominating Committee of Colquitt Electric Membership Corporation met Tuesday, June 8, 2010, and nominated the following individuals whose names will be placed on the ballot and voted on by the Colquitt EMC membership prior to the November 2, 2010, Annual Meeting:

District 1 (Colquitt Co.)

**Huey Hiers
Doug Weeks**

District 5 (Lowndes Co.)

**Tommy Cothron
Bill Kendall**

District 6 (Tift Co.)

B. Don Copeland

In addition to nominations made by the Nominating Committee, any 50 or more members may make nominations by petition. The deadline to receive nominations by petition is August 6, 2010. Members vote for directors via mail with the election results presented at the Annual Meeting.*

*Note: The Colquitt EMC Bylaws allow for **district director elections**. This means that the only members who will be voting this year are those who have memberships in the districts (counties) of the directors who are up for election.

District 1 (Colquitt County)



Huey Hiers has served on Colquitt EMC's Board of Directors since 1986. He has previously served as president, vice-president and secretary-treasurer. He is grounds superintendent at Valdosta State University. Hiers is a member of Colquitt County Farm Bureau. He has four years U.S. Air Force experience and he is a member of Wesley Chapel United Methodist Church.



Doug Weeks is employed by the Colquitt County School System as a bus driver. Weeks is also the music director for Mt. Zion Baptist Church. In addition, he and his wife co-direct the Children's Church ministry. His work experience also includes 20 years in the floral business. Weeks serves on the Deacon Board of Mt. Zion Baptist Church.

The 2010 Annual Meeting of Members convenes on Tuesday, November 2 at Spence Field in Moultrie.



Colquitt Electric Membership Corporation

Your Power Partner!

District 5 (Lowndes County)

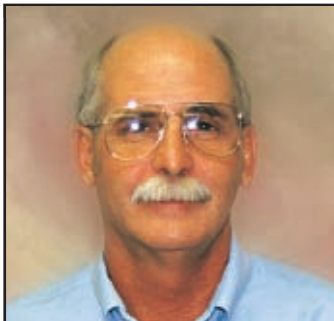


Tommy Cothron has served on Colquitt EMC's Board for 15 years; he is currently vice-president. He manages and operates his own farm in Lowndes County. Cothron is a member of Redland Baptist Church.



Bill Kendall has worked as a surveyor for the past 42 years. He is currently employed by Southeastern Surveying of Valdosta. Bill previously served on Colquitt EMC's Board for nine years. Also, Bill and his wife, Nancy, run a horse operation in Lowndes County. Kendall is a member of Redland Baptist Church.

District 6 (Tift County)



B. Don Copeland has served on Colquitt EMC's Board since 1979. He is a Credentialed Cooperative Director. While on Colquitt EMC's Board, Copeland has served as president and vice president. He has previously served as chairman and vice chairman of Georgia Electric Membership Corporation's Board of Directors. Copeland farms and works with United Parcel Service. He is a member of Tift County Farm Bureau. Copeland attends New River Baptist Church.

Statement of Nondiscrimination

Colquitt Electric Membership Corporation is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, national origin, age, gender, or disability shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Doug Loftis, Manager of Human Resources & Administrative Services. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D.C. 20250; or the Administrator, Rural Utilities Service, Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible. ■



Stay **alert.**
Stay **away.**
Stay **alive.**

Take inventory now of your practices—pruning, harvesting, trucking, unloading feed, etc. Are any of your work activities conducted within 10 feet of a high voltage line? If so, call the Utilities Protection Center at 1-800-282-7411. Protect your family, employees; protect your interests by adhering to the Georgia High Voltage Safety Act.

*For more information visit
www.gaupc.com*

**Stay 10 Feet Away, Work Another Day.
When in doubt, always call 811.**

Low-Cost, No-Hassle Ways to Conserve Energy and Cut Your Electric Bill

- Set your water heater at 120 degrees. Besides saving energy, you'll protect your family from being scalded by water that's too hot.
- Use the energy-saver settings on your refrigerator, dishwasher, clothes washer and clothes dryer.
- Replace incandescent lights with compact fluorescent bulbs. CFLs use only one-fourth of the energy of traditional light bulbs.
- Clean or replace your air conditioner, furnace or heat-pump filters.
- Crank up the thermostat by one degree during warm weather. The U.S. Department of Energy estimates that you can save up to 3 percent on your summer energy bill for every degree you raise your thermostat for 24 hours.
- Wash your clothes in cold water. Ninety percent of the energy it takes to wash clothes is for heating the water. Cold-water detergents will get the dirt out.
- Set your computer and monitor to lapse into "sleep" mode rather than leaving them on when you're not using them. They use 80 percent less electricity in "sleep" mode.
- Turn on your ceiling fans and raise the thermostat a little bit. The fans will circulate the cool air, which will make you feel comfortable at a warmer temperature.
- Use your microwave. It uses one-fifth of the energy as your regular oven, and it doesn't add heat to the air in the kitchen.

RECIPES OF THE MONTH

Grilled Fresh Fruit Quesadillas

4 ounces light cream cheese, softened
2 tablespoons brown sugar, packed
1/2 teaspoon vanilla
4-10 inches tortillas
1 cup finely diced apple (with peel) or mashed banana
ground cinnamon, sprinkled on to taste



Lightly spray an electric grill with olive oil or a nonstick spray (i.e. Pam). Preheat grill to medium-low. Combine cream cheese, brown sugar and vanilla in small bowl and mix until smooth. Spread mixture on 2 tortillas. Divide apple or mashed banana between remaining 2 tortillas. Sprinkle with cinnamon. Cover with first 2 tortillas. Place, fruit side down, on grill. Cook for 1 1/2 to 2 minutes. Turn over carefully. Cook for another 1 1/2 to 2 minutes until crispy and browned. Let tortillas stand for a minute. Cut each tortilla into 4 wedges, making 8 pieces. Enjoy.

Yield: 8 Wedges

Per Serving: 69 Calories, 3.6g Fat, 80mg Sodium, 10mg Cholesterol, 7.8g Carbohydrate.

Grilled Peach Pie

3 1/2 lbs peaches, peeled, halved and pitted
1 tablespoon canola oil
1/2 cup sugar
1/4 cup snipped fresh basil
3 tablespoons cornstarch
1 tablespoon lemon juice
1 (15 oz) package rolled refrigerated unbaked pie crusts
1 egg, lightly beaten
1 tablespoon sugar



For charcoal grill, arrange medium-hot coals on one side of the grill. Test for medium heat above empty side. Brush peach halves with oil. Place halves, cut sides down, on rack directly over coals for 3 minutes. Remove. Cut peach halves in wedges. In mixing bowl toss with the 1/2 cup sugar, basil, cornstarch and lemon juice. On floured surface, roll each crust to 12-inch diameter. Coat 9 1/2-to 10-inch cast-iron skillet with nonstick cooking spray. Line skillet with one crust; dough should come 3/4 up sides of pan. Place peach mixture into pie crust in skillet. With a knife, cut several slits in center of second crust to vent steam. Place second crust over peaches. Tuck any extra dough at edges between side of skillet and bottom crust. Crimp edge. Brush top of pie with beaten egg then sprinkle with remaining sugar. Place skillet on rack over empty side of grill. Cover and grill 1 1/2 hours until crust is golden, rotating once halfway through grilling. (For gas grill, preheat grill. Reduce heat to medium. Adjust for indirect cooking. Grill as directed above.) Cool on rack before slicing.

Yield: 12 Servings

Per Serving: 296 Calories, 13.6g Fat, 237mg Sodium, 17mg Cholesterol, 41.8g Carbohydrate.